



# Fitness Classes

January 7th - 14th February

Monday -  
Zumba with Joey 6:30pm - 7:30pm  
Slamtastic - 7:30pm - 8:15pm

Tuesday -  
Aqua Fit - 7:30pm - 8:15

Wednesday -  
Zumba with Joey 6:30pm - 7:30pm  
Slamtastic 7:30pm - 8:30pm

Thursday - Aqua Fit - 10:30am-11:15am  
Aqua Fit 7:30pm-8:15pm



**Anner Leisure  
Centre**